

Short Profile of



Dr.ABDUSSALAM KANNIYAN

Educational Qualifications

- Doctoral Degree(**PhD**) in Physical Education & Sports Science from the Faculty of Education - University of Calicut,
- Master of Physical Education(**MPEd**) with **First Rank and Gold medal** - Mysore University,
- Master of Business Administration(**MBA**) in Financial Management - Annamalai University,
- **BSc** Degree in **Mathematics** – Calicut University,
- Qualified National Eligibility Test-**NET**-University Grants Commission, GOVT: OF INDIA
- Exposure of presenting papers in **International** and **National** conferences
- Author of published works and member in editorial boards of International & National journals
- Approved Match coordinator of Federation de International Football Association-**FIFA** & soccer Referee
- Certified CPR(Cardio Pulmonary Resuscitation) trainer by American Heart Association(**AHA**)
- Certified (ARAMCO) wellness & well care trainer — and expert in lifestyle and fitness management
- Successfully completed **PFIME** course (Project Formulation Implementation Monitoring and Evaluation at **Institute of Management in Government**.

Professional Experience

- **Worked as a Physical Education faculty at King Fahd University of Petroleum & Minerals (KFUPM), Dhahran, Saudi Arabia which has a high position (183) in World University Ranking. Handled subjects like Exercise Physiology, health and fitness education, weight training, weight control, and practical classes of soccer, badminton, swimming etc. with expertise in special training for students with disabilities and genetic problems. (2010 – 2020)**
- **Post graduate teaching experience with research supervision at Calicut University Department (CPE campus) –handled subjects Bio-Mechanics & Kinesiology, Research Methodology and Statistics, Measurement and Evaluation etc. for Post graduate students (MPE class) and also for graduate classes (BPE classes) - six years**
- **Worked at Farook college – The First grade college accredited A++ by NAAC (National Assessment and Accreditation Council) - and has produced significant results in the history of college.-Post graduate Experience for three and half years.**
- **Worked at Jamia Nadwiyya Training (Teacher Education) College, Edavanna – Post graduate(Master Degree) experience - one year**
- **Worked in Government service from December 2007 onwards (Worked at Govt: college Kasaragod , Govt: College of Engineering Kannur and at Government Medical College, Calicut) – post graduate experience - three years**
- **Experience at reputed schools –(Jamia Salafiyya pulikkal, Agricultural Uni. School, Trichur & Government High School Pandikkad) ,Kerala, India - one year**

Conference Presentations

- **Presented a paper and chaired a session in the Asia Singapore conference on Sports Science(ACSS-2019) held in Singapore –July 2019**
- **Presented paper and chaired session in the 1st BRICS International Conference held at Santos, Sao Paulo, Brazil- December 2017.**
- **Invited Key note speaker in the International Workshop on Recent trends in Physical Education and sports” Hyderabad, India, June 2016.**
- **Invited Key note speaker in the 2nd International conference on Sports Medicine and Fitness , Dubai –April 2016**
- **Presented the paper in the 4th congress of the Europeans college of Sports & Exercise Physicians held in Barcelona, Spain - October 2015.**

- Presented a paper entitled in the 12th International Scientific conference on Transformation process in sport organized by University of Montenegro, **Podgorica, Montenegro, April 2015.**
- Presented a paper entitled “Effect of two different training methods on selected bio-motor and skill related variables of University level soccer players“ in the International conference on Sports Medicine and Fitness held in **Chicago, United States of America, March 2015.**
- Presented a paper (paper-1) in the Asia Pacific conference on Performance analysis of sport held in **Langkawi, Malaysia, April 2014.**
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- Presented a paper (paper-2) in the Asia Pacific conference on Performance analysis of sport held in Langkawi, **Malaysia, April 2014.**
- Presented a paper in the International conference (Science of sport, exercise and physical activity in the tropics) organized by James cook University, **Cairns, Australia during November 2013.**
- Presented another paper (Science of sport, exercise and physical activity in the tropics) organized by James cook University, Cairns, **Australia during November 2013.**
- Presented a paper in the European Congress of Sports Physicians (ECOSEP) conference held at **Frankfurt, Germany, April 2013.**
- Presented a paper “Effect of Selected Physical Men” in the European Congress of Sports Physicians (ECOSEP) conference held in **Frankfurt, Germany, April 2013.**
- Presented a paper in the International Social Sciences in Physical Education and Sports science Congress held in **Ankara, TURKEY, June 2012.**
- Presented a paper in the International Exercise Nutrition Conference held at North Umbria University, **New Castle, England, December 2012.**
- Presented a paper in the International Conference “Asia Pacific Conference on Exercise and Sports Science(APCESS 2011) organized by Shanghai University of Sport- **Shanghai, CHINA , November 2011**
- Presented a paper in the “Asian Conference on Physical Education and Computer Science in Sports” held in **Hyderabad, India from 7th to 9th of May 2010.**
- Presented a paper in the INTERNATIONAL SEMINAR held at Alagappa University, **Karaikudy, TamilNadu, India, on 5th and 6th of March 2009.**
- Presented paper in the National Seminar held at **Calicut University, March 2009.**

- Presented paper in the INTERNATIONAL SEMINAR held at KASTURBA MEDICAL COLLEGE, MANIPPAL, INDIA, 28th to 30th April 2006
- Presented paper entitled “Cardiac Health Problems, causes and remedies” in the National Seminar held at Kannur University, Kerala, India on 2nd April 2004.
- Presented paper entitled “Effect of Exercise and Training on Cardiovascular parameters” in the National Seminar held at St. Joseph’s College, Irinjalakkuda, Kerala, India on 6th and 7th 2006.
- Presented paper entitled “Improve your personality through regular fitness work” in the National Seminar held at Providence Women’s College, Calicut, Kerala, India on 14th July 2005
- Presented a paper entitled “Fat distribution after a conditioning program in males and females” in the National seminar held at Government College Chittoor, Palakkad district, Kerala state, India on 11th August 2011.
- Attended the “workshop on Physical Education curriculum” organized by the University of Calicut on 11th March 2004.

Presented a paper in the National Seminar on trends and challenges in Physical Education and Sports, Kannur University, Kannur, India. **2003**

Exposure in Research works

- Serving as the Research Guide for doctoral research in Physical Education & Sports science
- Serving as the external examiner for adjudicating PhD theses of different foreign universities.
- Served as Research supervisor of post graduate students for their Master Degree dissertation works at Department of Physical Education, University of Calicut, from 1998 to 2004.
- Serving as Associate Editor cum Reviewer of IJPEFS (International Journal of Physical Education, Fitness and Sports) with ISSN No. 2277-5447
- Nominated and serving as a member of Editorial Board of IJPEHSS (International Journal of Physical Education, Health and Sports Sciences) with ISSN 2279-0306
- Nominated and serving as the Life member of “Indian Federation of Computer Science in Sports” which is affiliated to the International Association of Computer Science in Sports.

- Review committee member of “International Journal of Health, Physical Education and Computer Science in Sports (IJHPECS) with ISSN 2231-3265.
- International Advisory committee Member of International Online Physical Education & Sports Research Journal – ACADEMIC SPORTS SCHOLARS- (ISSN NO-2277-3665) with Impact Factor 1.3205 (UIF 2013)
- Review Committee Member & Executive Committee member of “Voice of Sports” the Research Journal in Physical Education and Sports with ISSN No. 0975-4687.
- Invited key note speaker in the 3rd international conference in sports medicine Barcelona, October 5-6, 2017.
- Invited Key Note Speaker of International Conference-INTERNATIONAL CONGRESS IN RENAISSANCE IN SPORTS, TRICHY, INDIA – August 2014.
- Invited Speaker in the International workshop on Health, Physical Education and Computer Science in Sports, held at Hyderabad, India during August 2012.
- Author of research work in “Ovidius University annals, Series Physical Education and Sport/Science Movement and Health with e-ISSN 2285-7788 “from Europe in Vol.XIV, Issue 1 , Jan 2016. (pp 5-10)
- Author of research work “Isolated and combined effect males” in the International journal-Journal of Human Sport and Exercise (JHSE) , Vol 10 , No.2 (2015) –journal from Malaysia ISSN 1988-5202.
- Author of research work “Competitive State Anxiety.... “Sport Mont Journal, No.43_44_45/VIII , May 2015 (journal from Montenegro, Europe with ISSN 1451-7485.
- Author of research work “Personality traits: males” in the International journal “Ovidius University annals, with e-ISSN 2285-7788 “in Vol. XV, Issue-1, Jan 2015. (pp 5-9) – journal from Europe
- Author of research work “Psychological variables ... level soccer players” in “Sportifbakis with ISSN NO -2148-905X, 1(1) 30-35 , 2014 , the International Journal from Turkey.
- Author of published Research work “Effect of physiological and bio-chemical variables of university players of different team games “ in “ International Journal of Fitness, Health ,Physical Education and Iron games” with ISSN No -2349 -722X , Vol.1 , No.1 (p 421). July 2014

- Author of the research work “A Study of an attitudediscipline” in the journal “Golden Research Thoughts –GRT((ISSN 2231-5063)) which has an impact factor of 2.2052 (UIF) ,Volume-4 , Issue -1 , July 2014.
- Author of research work “Plasma Lipid, Lipoprotein levels and Blood glucose: The effects of combined aerobic –resistance training on severe obese men” in the ISI journal “Annals of Biological Research, 2014, 5 (3):46-51- Top ranked ISI journal from Europe 0976-1233
- Author of Research work “Agility..... Males “ in the journal Science, Movement and Health, Volume XIV , Issue 2, Supplement September 2014 ; Ovidius University Annals, Series Physical Education and Sport ,journal from Europe.
- Author of work “Effect of Training on the Physiological and Bio-Motor Variables of men soccer players” in ISI journal “ British Journal of Sports Medicine July 2013, Volume 47, issue 10.(<http://bjsm.bmj.com/content/47/10.toc>) , 0306-3674 (print); 1473-0480 (web)
- Author of research work entitled “Effect of Selected Physical, Technical and Motor Fitness Variables on the Performance of Men” in the ISI journal” in British Journal of Sports Medicine” July 2013, Volume 47, issue 10.
- Author of research article “Effect of dieting and low-intensity, long-term aerobic training on serum lipid profiles of obese young males” in the ISI journal from UK “International Journal of Sport Nutrition and Exercise Metabolism(IJSNEM), 2013, 23, S1 -S15” © 2013 Human Kinetics, Inc. – top ranked journal from Europe
- Author of research work “The detraining and training effects of different training programs on selected bio-motor abilities of college level football players” “Journal of Physical Education and Sport” JPES , the International online journal from ROMANIA, Dec 2012. ((JPES), 12(4), Art 77, pp. 531 - 534, 2012 online ISSN: 2247 - 806X; p-ISSN: 2247 – 8051; ISSN - L = 2247 - 8051 © JPES
- Author of research work “Effect of Interval Circuit Training on Motor Fitness and Volleyball Skill Performance of Male Volleyball Players” in “International Journal of Health, Physical Education and Computer Science in Sports” Volume-5, No1, Jan 2012 with ISSN 2231-3265: pp 52.
- Author of research work “Body Proportion and Physique of Collegiate Male Freestyle Sprint Swimmers” in “International Journal of Health, Physical Education and Computer Science in Sports, Vol.7, No.1, 39-43 (2012).

- Author of research work entitled "A Study on the Influence of on Cardio Respiratory Performance" in "Journal of Physical Education and Sport" JPES , the International online journal from ROMANIA (11(4) ,Art 65,pp 431- 433 , 2011, with ISSN 2247 – 806X , ISSN 2247-8051@JPES
- Author of research work entitled "Long Term Detraining Effect Of Aerobic Power After Training On Middle Aged Males" in "International Journal of Health, Physical Education and Computer Science in Sports" Volume-4, No1, Oct. 2011 with ISSN 2231-3265: pp 49.
- Author of research work entitled " Effect of Early Ambulated Rehabilitation Program on cardiac patients on post-operative period" in " Scientific Journal in Sports and Exercise" Volume 3 , No.1, 2007 with RNI No. DELENG/2005/16694
- Author of research work " A Study on the Effect of Flexibility Training on Change of Performance in Agility" in the journal "International Journal of Physical Education and Computer Science in Sports" Volume 2, No.1(Quarterly, March 2011 –June 2011)with ISSN 2231-3265, pp-16
- Author of research work entitled "A study on the significance of physique towards the physical performance between sports students and students with sedentary life style" in "International Journal of Physical Education and Computer Science in Sports" Volume.3,No.1 quarterly july2011, with ISSN 2231-3265 :pp74-76.
- Author of research work entitled "Construction of Soccer Test Norms for University Players" in the journal "Voice of Sports" with ISSN No. 0975-4687, volume IV, issue II, March 2010.

Published books

- Author of the book "Dictionary of sports" (2012), Aksharam Publishers, Perinjanam with ISBN No. 978-81-925229-1-3
- Author of book "Health and Fitness Education" Published by 'Ambadi Publishers, Chidambaram with ISBN No. 978-81-926565-1-9 ; November 2013

WORKSHOPS RELATED WITH ACADEMIC DEVELOPMENT & E LEARNING

(Selected few)

- Attended Orientation course by Calicut University approved by University Grants Commission-2004
- Attended the training workshop “Introduction Blackboard CE8” the web based course management system, organized by Deanship of Academic Development, King Fahd University of Petroleum and Minerals, on 27th October 2010.
- Attended the training workshop “Managing students teams-team formation and peer evaluation” , organized by Deanship of Academic Development, King Fahd University of Petroleum and Minerals, Dhahran, Saudi Arabia on 7th September 2011.
- Attended the training workshop “Managing students teams-diagnosing and remediating team issues” organized by Deanship of Academic Development, King Fahd University of Petroleum and Minerals, Dhahran, Saudi Arabia on 7th September 2011.
- Attended the training workshop “Blended Learning in Higher Education”, organized by Deanship of Academic Development, King Fahd University of Petroleum and Minerals, Dhahran, Saudi Arabia on 6th September 2011.
- Attended the training workshop “Mobile E- Learning in Higher Education” , organized by Deanship of Academic Development, King Fahd University of Petroleum and Minerals, Dhahran, Saudi Arabia on 6th September 2011.
- Attended the training workshop “Introduction to Articulate Presenter as a rapid E-learning authoring tool” organized by Deanship of Academic Development, King Fahd University of Petroleum and Minerals, Dhahran, Saudi Arabia on 19th and 21st of September 2011.
- Attended the training workshop “Designing better classroom examinations” organized by Deanship of Academic Development, King Fahd University of Petroleum and Minerals, Dhahran, Saudi Arabia on 23rd of April 2013.

- Attended the training workshop “Improving the Grading Process” organized by Deanship of Academic Development, King Fahd University of Petroleum and Minerals, Dhahran, Saudi Arabia on 23rd of April 2013.
- Attended the training workshop “joy and responsibility of teaching well ” organized by Deanship of Academic Development, King Fahd University of Petroleum and Minerals, Dhahran, Saudi Arabia on 18-08- 2014.
- Attended the training workshop “Best practice in writing MCQ ” organized by Deanship of Academic Development, King Fahd University of Petroleum and Minerals, Dhahran, Saudi Arabia on 18-08- 2014.
- Attended the training workshop “Options for assessment on the FLY ” organized by Deanship of Academic Development, King Fahd University of Petroleum and Minerals, Dhahran, Saudi Arabia on 19-08- 2015.
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- Attended the training workshop “Ask the students- feedback from the classroom ” organized by Deanship of Academic Development, King Fahd University of Petroleum and Minerals, Dhahran, Saudi Arabia on 20-08- 2016.
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- Attended the training seminar “Digital Education-opportunities for transformation ” organized by Deanship of Academic Development, King Fahd University of Petroleum and Minerals, Dhahran, Saudi Arabia on 25-08- 2016.
- Attended the training workshop “Active Learning class room project ” organized by Deanship of Academic Development, King Fahd University of Petroleum and Minerals, Dhahran, Saudi Arabia on 25-08- 2017.
- Attended the training workshop “Developing Xperiences: Design considerations for online Digital Courses ” organized by Deanship of Academic Development, King Fahd University of Petroleum and Minerals, Dhahran, Saudi Arabia on 26-08- 2017.
- Attended the training workshop “Process Oriented Guided Inquiry Learning(POGIL) ” organized by Deanship of Academic Development, King Fahd University of Petroleum and Minerals, Dhahran, Saudi Arabia , August 2018.
- Attended the training workshop “Adult Learning Theory” organized by Deanship of Academic Development, King Fahd University of Petroleum and Minerals, Dhahran, Saudi Arabia , August 2018.
- Attended the training workshop “LEAN in Higher Education: Increasing the Value and Performance of University Processes” organized by Deanship of Academic Development, King Fahd University of Petroleum and Minerals, Dhahran, Saudi Arabia , August 2019.
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- Attended the training workshop “Linking Motivational Theories to the Design of Learning Experience” organized by Deanship of Academic Development, King Fahd University of Petroleum and Minerals, Dhahran, Saudi Arabia , August 2019.
- Attended the training workshop “Experiential Education ” organized by Deanship of Academic Development, King Fahd University of Petroleum and Minerals, Dhahran, Saudi Arabia , August 2019.

Project works undertaken

- Principal Investigator of the funded project –IN131042- entitled “Effect of Positive Self talk on Competitive anxiety and Self-confidence athletes” with the financial assistance from Deanship of Scientific Research, KFUPM.(2014-2018)
- Principal investigator of a major project (IN121066) entitled “Blood pressure, heart rate, cardio-respiratory endurance and selected psychological variables: impact of varied combinations of yogic practices, brisk walking and Pilates training on sedentary males” funded by King Fahd Uni. Of Petroleum & Minerals, Dhahran, Saudi Arabia.(2013-2016)
- Co- investigator-1 of the project entitled “ Effect of Aquatic physiotherapeutic interventions on autonomic modulation of the heart in children with cerebral palsy “ funded by KFUPM (IN151004)
- Co- investigator-1 of the project entitled “ Comparison of Cardio locomotor synchronization in time and frequency domain parameters of HRV after Watsu and Immersion“ funded by KFUPM (IN141044)
- Completed the project entitled “Construction of Kuhn’s soccer test norms for University players” with financial assistance of University grants commission, Government of India -2005-08
- Co- Investigator on the project(IN111036) entitled “plasma Lipid, Lipoprotein levels and Blood glucose: The effects of combined aerobic –resistance training on severe obese men” with financial assistance of Deanship of Scientific research, King Fahd University of Petroleum & Minerals, Dhahran.

Membership in Board of Examinations

- Member– online course curriculum in Physical Education – King Fahd University of Petroleum & Minerals, Dhahran, Saudi Arabia.
- Member – board of external adjudicators for doctoral theses – Physical Education- Annamalai University 2010-2017
- Member – board of external adjudicators for doctoral theses – – Physical Education- TNPES University 2010-2016
- Member – board of external adjudicators for doctoral theses – – Physical Education- Bharathiar University 2010-2015

- Member – board of external adjudicators for doctoral theses – – Physical Education- Andhra University 2010-2014
- Member – board of external adjudicators for doctoral theses – – Physical Education- Acharya Nagarjuna University 2010-2014
- Member – board of external adjudicators for doctoral theses – – Physical Education- Bharatidasan University 2010-2014
- Member, Board of Examiners – Master of Physical Education – of Calicut and Kannur Universities from 1997 to 2010 (for both theory and practical).
- Member, Board of Examiners – Bachelor of Physical Education – of Calicut University from 1997 to 2010 (for both theory and practical).
- Member – Selection Committee Board of Public Service Commission -PSC – Police Constable Test- Government of Kerala - May & July 2009
- Member – Selection Committee Board of Public Service Commission-PSC – Excise Inspector Test –Government of Kerala – Aug 2009

Assignments undertaken in Coaching and Management

- Manager -Calicut University Football team which was Runner ups in All India Inter University tournament- Chandigarh 2000
- Coach – Calicut University Women Football team for All India championship - TamilNadu 2003
- Manager – Calicut University Cricket team for Inter University championship – Manippal 2005
- Manager – Calicut University Table Tennis team for Inter University championship – Karaikudy 2004
- Manager – Calicut University Softball team for Inter University championship- Bombay 2006
- Manager – Calicut University Softball team for Inter University championship- Hyderabad 2008
- Coach - CPE football (w) team which was Calicut University champions for two years in succession.
- Manager of Farook college football team which was Calicut University champions and District super division league runner ups.

- Coach and Manager of Government Medical College Calicut team which was the All Kerala State Inter Medicos Champions for two years and District League champions in 2010.
- Organizing committee member of ONGC National league Football tournament committee at Calicut
- Organizing Secretary of Calicut University Inter zone Football Tournament – 2009
- Member –selection committee –Calicut University football team -2009
- Member –selection committee –Calicut University softball team -2009
- Joint Secretary of Malappuram District Tennis Association-2009
- Joint Secretary of Kozhikode District Softball Association-2010
- Vice President of Kozhikode District Baseball Association-2010
- Executive Member of Kozhikode District Basketball Association-2010

Additional assignments and charges undertaken

- Served as the Chairman and member of Health and Safety committee of the Department at King Fahd University (2010-2020)
- Served as the Chairman and member of Curriculum committee of Department at King Fahd University (2010-2015)
- Served as the Chairman and member of Scientific committee of Department at King Fahd University (2010-2015)
- Served as National service scheme(NSS) Program Officer(Unit-21) at Farook college
- Served as National Cadet Corps(NCC) officer – Naval wing-- 9th (K) unit- at Farook college
- National service scheme (NSS) certificate holder of University of Calicut
- Trainer of total Literacy Mission program of Government of Kerala

Achievements in the field of sports

- Member of different University teams and played All India Inter University tournaments.
- Played for Malappuram District Senior and Junior teams which won the All Kerala state Football Championships.
- Played for Mampad College teams many times which won Calicut University Inter Zone Football Championship.
- Played in many major tournaments like Sait Nagjee tournament, Kerala Koumudi tournament etc. for many teams.

Social service achievements

- Elected as the Managing committee **Chairman** of **International Indian School, Dammam**, Saudi Arabia which is the biggest in the world with 18500 students. The school is patronized by the Embassy of India is exceptional in academic, co-curricular and extracurricular activities among the expatriate schools in gulf region. As the Chairman of the school, brought lots of innovative and revolutionary changes in the school with ultra- modern facilities.
- Served as the President of CIGI –Dammam chapter which serves in the academic, career guidance and parenting areas where lot of people looking for support and care.
- Delivered many classes and programs on academic guidance, parenting and personality developments for different organizations among the expatriate community in Eastern Province, Dammam, Saudi Arabia for many years.
- Served as President of Dammam Indian Football Association which has around 900 registered players with 23 registered clubs. The Association taking care of football and other social service activities among the expatriate Indians in the Eastern Province, Saudi Arabia.
- Served as the Secretary General of Saudi Indian Football Confederation, which consolidates the activities of different Indian Football Associations inside Saudi Arabia including Riyadh, Jeddah, Dammam, Madinah etc.
- Served as Anchor in All India Radio, Calicut and handled the program “KALIKKALAM” for many years. Also lead the program “World cup Review” during World cup Football tournaments in 2002, 2006 and 2010.

Awards and Honors

- Awarded as “Personality of the Year” by Vatakara NRI Forum , Dammam chapter for the outstanding activities and contributions given to education and social service.
- Received award from Poppy Jeddah for the service in the field of Education and social service
- Received award from BHOPAL NRI Forum for the commendable contributions in the field of Education and Sports
- Received award from Risala Study Circle, Dammam for the contributions in the educational field.

PERSONAL INFORMATION

Residential address

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MALAPPURAM-DT, KERALA –ST,
PIN- 679334

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PIN -676542 , Mobile-8589002882, WhatsApp-00966548926801

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Facebook id: Dr Abdussalam Kanniyam

Instagram: Dr Abdussalam (DrAbdus)